

Teeth Whitening: what are my options?

Quick Read Information Sheet v3

A quick read, one page information sheet.

We have three teeth whitening options available at Bamboo. We'll tell you what they are, the differences between them, and you can decide which one may be best for you.

What teeth whitening treatments are there?

Bamboo offers three teeth whitening treatments – Take-Away Professional Whitening System, Philips Zoom! And Enlighten Evo4.

What is the difference between the three?

The Take-Away Professional Whitening is a teeth whitening treatment that you can do from the comfort of your own home. This is a tried and tested treatment. We give you the kit with clear instructions and you do it yourself at home or work. You get custom fitted trays and eight syringes of gel. It should take 16 days if whitening both top and bottom arches.

The Philips Zoom! Teeth whitening is speedier than the other options but is big on results. It is a professional treatment that uses LED technology to brighten up your smile up to 7 shades lighter. A quick, easy and effective treatment which involves both 'in-surgery' and 'at-home' whitening.

The Enlighten Evo4 is a professional premium teeth whitening system that guarantees results – Vita shade B1 or higher – in just three weeks. It requires no diet changes – Enlighten's formula tackles the foods that other whitening products tell you to stay clear of, so yes you are able to drink red wine after. And you get longer-lasting results.

Can anyone buy teeth whitening?

Teeth whitening treatments are prescription only, and are safe as long as they are carried out by qualified dental professionals. In order to purchase teeth whitening from us, we first need to see you for a consultation to make sure that you are both suitable and dentally fit to have the treatment. There are several unregulated over-the-counter teeth whitening products out there that can be dangerous for you. This is why you should always get teeth whitening from a qualified dental professional like us.

How white will my teeth be?

All three treatments allow you stop whitening once you are happy with the whiteness of your teeth. Philips Zoom can brighten up your smile up to 7 shades lighter whereas the Enlighten Evo4 is the only one that can guarantee a Vita shade B1.

Will I need to top up?

Once you have finished your teeth whitening treatment, if you would like to maintain the whiteness of your new smile or would like a refresh, you can purchase top up whitening gels from our reception desk. If you wish to whiten for longer, you can also use additional gels.