

Bamboo and Veneers – Composite

Brand Partners Information Sheet v3

A quick read, one page information sheet.

What are Composite Veneers?

Composite Veneers is a treatment technique similar to composite bonding but to change the shape, length, or size of your existing teeth by covering the whole front surface. They are a fantastic option for people not wishing to invest in porcelain veneers just yet, and are placed using a state of the art injection moulding technique.

Do they come in different shades?

Yes. As part of the process, you will be able to choose the exact shade you want your composite veneers to be. Often, patients will whiten their teeth with us first. They can be as white as you want, or as natural as you want. Our cosmetic dentists are experts at ensuring that the shade matches with your expectations.

What's the difference between this treatment and the Emax veneers?

Composite veneers are made using a white/tooth coloured resin/silica filling material. If they are well taken care of, they can last around 5-8 years. Emax veneers are made of high quality porcelain and can last upwards of 15 years if well maintained. Composite veneers are less expensive than porcelain but require a lot more maintenance, such as an annual air polish, or the occasional touch up by our dentists.

What is the maintenance like?

Unlike porcelain veneers, composite veneers need a good amount on-going of maintenance and attention to ensure that they stay looking fresh.

With composite veneers, you need to maintain good dental hygiene and have a yearly check-up and scale and polish with your own hygienist. Flossing or use of an air flosser is key to preventing dietary stains building up in those areas your tooth brush cannot get to.

You need to be careful with what you eat and drink to avoid any staining or chipping with composite veneers. Certain foods such as coffee, red wine, and foods with artificial colouring can encourage stains to build up. Similarly, you should not open things with your teeth, bite your nails, etc... as these things can chip the composite material.

Who is this treatment suitable for?

This treatment is suitable for people who are interested in having veneers but aren't ready yet to commit to having porcelain veneers. It is less expensive, does not involve the minimal tooth preparation that comes with porcelain veneers and can sometimes be reversible.

Overall, composite veneers are best suited to people who already have straight teeth. This means that only a minimum amount of preparation is needed. We will also look at your bite – grinding teeth or too much stress on them can cause veneers to pop off or break. And finally, we will go through your expectations. Having composite veneers is a commitment; therefore, we will discuss what you want to achieve and ensure that you are happy, both physically and mentally.