

## **Bamboo and Composite Bonding**

Brand Partners Information Sheet v3

A quick read, one page information sheet.

Our Composite Bonding treatment is a sought-after treatment thanks to its increasing popularity for a number of reasons which you will read about here. It is a simple and versatile treatment that guarantees results in an hour or two.

### **What is Composite Bonding?**

Our Composite Bonding treatment uses a tooth-coloured resin/silica material called 'composite' that is added to the tooth to repair small chips, cracks, and mis-shaped teeth. The treatment itself can often be completed in one sitting and with relative speed.

### **How is Composite Bonding done?**

Once your new smile design or expectations have been discussed, the bonding appointment will be arranged. The teeth are air polished before the composite is applied by hand. The design is followed, checked by both you and dentist before it is then polished and instructions given on how to look after it. There are no injections, no pain, and the transformation is immediate.

### **Who is it suitable for Composite Bonding?**

This treatment is suitable for people who are looking to fix individual teeth that have small chips or cracks. It can be used to build up teeth for people who want their teeth to be aligned. It may also be an option for people who already have composite bonding and want it all replaced and refreshed. A life changing result can be achieved simply by bonding to the edges of the front four teeth, this is very popular.

If you are looking to close gaps or have a more even/straight smile, then composite bonding may be suitable, but it may not be the best option. Our teeth straightening treatments may be best for you in the first instance.

If you are looking at a bigger change involving more teeth then composite veneers may be a better option. It is made of the same material but is designed to cover the whole outer surface of the tooth as part of a larger smile redesign.

### **How long does Composite Bonding last?**

Every Composite Bonding treatment is different – some can last years and others less. The longevity of composite bonding will depend on several factors. If it is well maintained with yearly check-ups, and air polishing, then it can last around 5 to 7 years. It is likely that it will need some simple maintenance such as small edge or top layer repairs within that time. Lots of people grind or clench their teeth at night and this can speed up the wear of the composite.

Avoiding certain foods and drinks can help with the longevity of the treatment. For example, to avoid composite bonding chipping you should stop opening things with your teeth, biting your nails etc...

There are certain foods that causes staining such as coffee, red wine, and foods with artificial colouring. Good oral hygiene including the use of a decent electric toothbrush and flossing will slow down stain build up considerably.