

Bamboo and Teeth Straightening – Six Month Smiles®

Brand Partners Information Sheet v3

A quick read, one page information sheet.

The Six Month Smiles teeth straightening treatment is one of our most popular treatments here at Bamboo. Truly life-changing.

What is Six Month Smiles?

Six Month Smiles is a world class teeth straightening treatment that uses clear fixed braces with tooth-coloured brackets. It is an adult cosmetic treatment to straighten crooked, spaced or misaligned teeth. Very discreet. Very fast. Very effective.

Is it really just six months?

Compared to traditional braces, the Six Month Smiles average treatment time is just six months. Sometimes it can take four or nine months, depending on the individual. This is possible thanks to our trained cosmetic dentists focussing on the teeth you show when you smile.



What is the process?

We would advise you to come in for a consultation to meet one of our Six Month Smiles trained cosmetic dentists. At the consultation, they will assess whether this treatment, or another, would be suitable for you, and put together a treatment plan, if so. Once you are happy to proceed, you would have the brace fitted and come back every four weeks for adjustments and to make sure everything is on track. You will start seeing some movements in the first month.

Who is suitable for this treatment?

This treatment is suitable for just about any adult who wants to straighten their teeth cosmetically. This includes people who have crooked, spaced, or misaligned teeth. We often get 'is it too late to have braces?'. The answer is almost always, no, it is not too late. In fact, most people wish they had done it sooner.

People often like this treatment because once it's on, it's on; and you don't have to worry about taking aligners in and out like with the Invisalign. It works its magic without you having to do anything.

If you have issues or concerns with the way your bite is (i.e. the way your back teeth bite together) then unfortunately you may need more comprehensive orthodontic treatment.

Does it hurt?

The million-dollar question. For the first few days after your brace has been fitted and adjusted, your teeth will probably feel a little tender. This is normal and will soon get better, usually within 3-4 days. Trust us; we do this day in, day out. It will be worth it. You may also experience rubbing of the brace on the inside of the lips/cheeks. This is normal and is eased considerably with the dental wax we provide.